# **Strength and Barrier Worksheet**

Type/write preferred Interests

1.

2.

3.

4.

5.

6.

Type/write preferred Interests

1.

2.

3.

4.

5.

6.

Type/write preferred skills

1.

2.

3.

4.

5.

6.

Type/write preferred values

1.

2.

3.

4.

5.

6.